

T100 Road Closures

| Saturday 21 March 2026 | | Closed | Open |
|-------------------------|---|----------|-----------|
| Biggera Waters | | | |
| Marine Pde | Burrows St to Brisbane Rd | 4:30 AM | 10:30 AM |
| Labrador | | | |
| Brisbane Rd | Eastbound traffic from Turpin Rd to Marine Pde | 4:30 AM | 10:30 AM |
| Marine Pde | Brisbane Rd to Broad St | 4:30 AM | 10:30 AM |
| Marine Pde | Broad St to Frank St | 4:30 AM | 10:30 AM |
| Southport | | | |
| Marine Pde | Frank St to Nind St | 3:30am | 9:30am |
| Marine Pde | Nind St to Ada Bell Way | 4:30 AM | 4:30 PM |
| Gold Coast Highway | Ada Bell Way to Waterways Dr (Southbound Lanes) | 12:30 PM | 4:30 PM |
| Main Beach | | | |
| Waterways Dr | Gold Coast Hwy to Main Beach Pde | 4:30 AM | 4:30 PM* |
| Waterways Dr | Main Beach Pde to MacArthur Pde | 4:30 AM | 4:30 PM* |
| Main Beach Pde | Waterways Dr to MacArthur Pde | 4:30 AM | 10:30 AM* |
| MacArthur Pde | Waterways Dr to Main Beach Pde | 4:30 AM | 4:30 PM* |
| Main Beach Pde | MacArthur Pde to Ferny Ave | 4:30 AM | 4:30 PM* |
| Surfers Paradise | | | |
| Esplanade | Ferny Ave to View Ave | 4:30 AM | 4:30 PM* |
| Esplanade | View Ave to Laycock St | 4:30 AM | 6:00 PM* |
| Esplanade | Laycock St to Clifford St | 12:30 PM | 6:00 PM |
| Northcliffe Tce | Clifford St to Garfield Tce | 12:30 PM | 6:00 PM |
| Garfield Tce | Northcliffe Tce to Fern St | 12:30 PM | 6:00 PM |
| Fern St | Garfield Tce to Old Burleigh Rd | 12:30 PM | 6:00 PM |

Police controlled course crossings:

Columbus Drive, Poinsettia Avenue, Lae Drive
Stafford Avenue for Seaworld Drive Access

Ingress and egress to Marine Parade, Labrador will be maintained under modified traffic conditions via a slip lane. Please note that access will be northbound only.

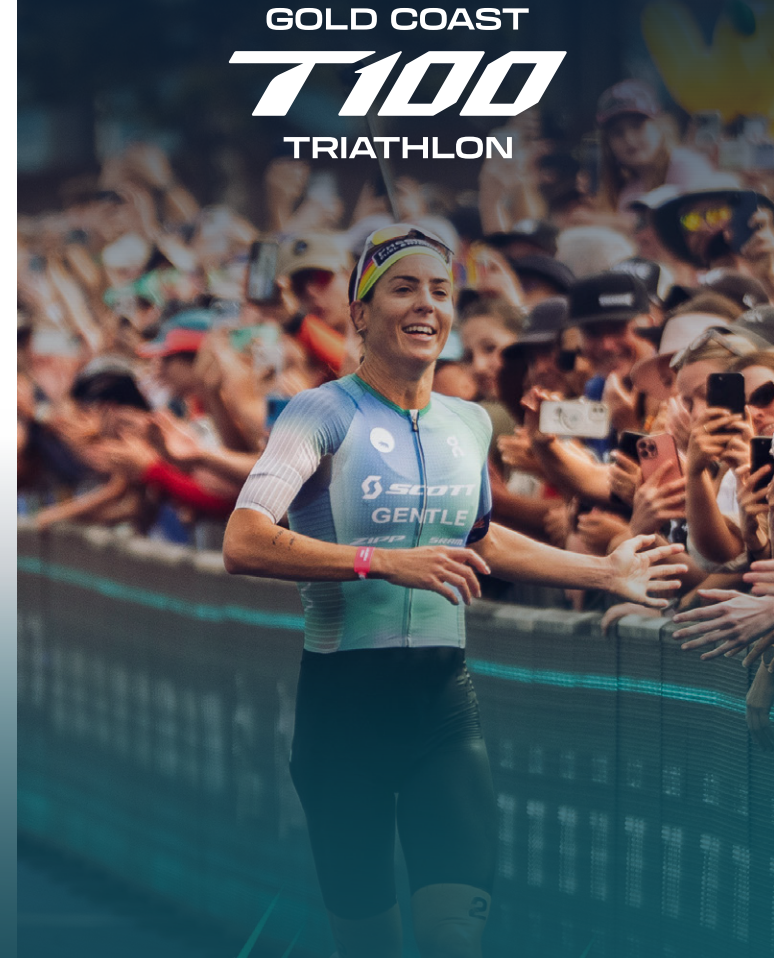
*1hr access from 11:30am - 12:30pm

| Sunday 22 March 2026 | | Closed | Open |
|-------------------------|--|---------|---------|
| Paradise Point | | | |
| Bayview St | Milton Ave to Errol Ave | 4:30am | 1:00pm |
| Hollywell | | | |
| Bayview St | Errol Ave to Holly Ave | 4:30 AM | 1:00 PM |
| Runaway Bay | | | |
| Bayview St | Holly Ave to Lae Dr | 4:30 AM | 1:00 PM |
| Bayview St | Lae Dr to Jennifer Ave | 4:30 AM | 1:00 PM |
| Bayview St | Jennifer Ave to Ocean St | 4:30 AM | 1:00 PM |
| Biggera Waters | | | |
| Marine Pde | Ocean St to Brisbane Rd | 4:30 AM | 1:00 PM |
| Labrador | | | |
| Brisbane Rd | Eastbound traffic from Turpin Rd to Marine Pde | 4:30 AM | 1:00 PM |
| Marine Pde | Brisbane Rd to Broad St | 4:30 AM | 1:00 PM |
| Marine Pde | Broad St to Frank St | 4:30 AM | 1:00 PM |
| Southport | | | |
| Marine Pde | Frank St to Nind St | 4:30 AM | 1:00 PM |
| Marine Pde | Nind St to Nerang St | 4:30 AM | 1:00 PM |
| Marine Pde | Nerang St to Ada Bell Way | 4:30 AM | 1:00 PM |
| Gold Coast Highway | Ada Bell Way to Waterways Dr | 4:30 AM | 6:30 AM |
| Main Beach | | | |
| Waterways Dr | Gold Coast Hwy to MacArthur Pde | 4:30 AM | 1:15 PM |
| Seaworld Dr | Northbound lanes will open at approx. 7:30am under Queensland Police direction and changed traffic conditions. | 4:30 AM | 8:00 AM |
| MacArthur Pde | Waterways Dr to Main Beach Pde | 4:30 AM | 4:30 PM |
| Main Beach Pde | MacArthur Pde to Ferny Ave | 4:30 AM | 4:30 PM |
| Surfers Paradise | | | |
| Esplanade | Ferny Ave to View Ave | 4:30 AM | 4:30 PM |
| Esplanade | View Ave to Hanlan St | 4:30 AM | 4:30 PM |

COMMUNITY GUIDE

IMPORTANT ROAD CLOSURE INFORMATION

GOLD COAST T100 TRIATHLON



GOLD COAST T100



— SATURDAY COURSE
21 MARCH

— SUNDAY COURSE
22 MARCH

The first annual Gold Coast T100 Triathlon World Tour will be held on Saturday 21 and Sunday 22 March 2026. For the safety of participants, volunteers and spectators police controlled road closures will be in place from Paradise Point to Surfers Paradise. (see over). Please refer to the official program for more information. t100triathlon.com/gold-coast

Race Weekend travel tips

If you live in affected suburbs or need to access these suburbs during the Gold Coast T100 weekend, please consider these travel tips.

- Add additional time to your journey in anticipation of delays.
- Due to this event, traffic in Southport and Surfers Paradise surrounding suburbs will be heavily congested.
- Use either Benowa Road or Currumburra Road when travelling north and south.
- Use High Street and Scarborough Street to access parking in Southport.
- Use Olsen Avenue and Oxley Drive to enter/exit Labrador, Runaway Bay and Paradise Point.
- If coming from Brisbane or north along the Pacific Motorway (M1), use Nerang-Broadbeach Road to access Surfers Paradise or any suburbs further south.

Tow Away Zones

Parking restrictions will apply on the course and vehicles will be towed at the owner's expense. Refer to event signage for these locations.

Boat Ramps

Access to boat ramps along the event course will be restricted during race weekend.

Saturday 21 March

- Broadwater Parklands Boat Ramp – 4:30am – 10:30am
- Loders Creek Boat Ramp – 4:30am – 10:30am
- Pelican Beach Boat Ramp – 4:30am – 4:30pm
- Harley Park Boat Ramp – 4:30am – 10:30am

Sunday 22 March

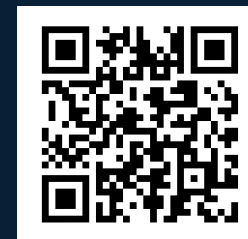
- Broadwater Parklands Boat Ramp – 4:30am – 1:00pm
- Loders Creek Boat Ramp – 4:30am – 1:00pm
- Pelican Beach Boat Ramp – 4:30am – 1:15pm
- Harley Park Boat Ramp – 4:30am – 1:00pm
- Ray Street Boat Ramp – access limited to Ray Street – 4:30am – 1:00pm

SPECTATORS

The T100 Triathlon World Tour is famous for its atmosphere created by the cheering and buzz of the crowds. If you're not competing at this year's event, we encourage you to share in the excitement and atmosphere by cheering on the athletes along the course from Paradise Point to Surfers Paradise.

See course map above for the best locations to watch the race and scan the QR code for more information.

MORE INFORMATION



www.t100triathlon.com/gold-coast



PO Box 4920, GCMC QLD 9726
Event Enquiries: 07 5668 9888
Road Closures: 0459 157 292
Hotline hours: 9am - 5pm weekdays
All day event weekend

E: community@emqevents.com.au
W: t100triathlon.com/gold-coast

SURFERS PARADISE

Key Information for Residents & Businesses

- The Esplanade and surrounding beachfront streets form a key part of the run and cycle routes.
- Expect increased pedestrian movement, race officials, traffic management and road closure installation from early morning.
- Road closures in most areas begin from 4:30am, with controlled access permitted before the first athletes arrive.
- Once racing begins, access across The Esplanade will be highly restricted.
- The section of The Esplanade from View Avenue through to the Soul roundabout will operate under a Traffic Control–managed contraflow arrangement, allowing limited vehicle access; however, there will be strictly **no access** during the professional women’s race on Saturday between 12:45pm and 4:30pm. Egress will be via View Avenue and ingress will be managed via Elkhorn Avenue.
- On Saturday, there will be a break in closures between 11:30am and 12:30pm allowing vehicle access.
- On Saturday, Garfield Terrace & Northcliffe Terrace will be accessible under controlled conditions from 12:30pm until approximately 3:30pm. It will then reopen at 6pm.
- Noise and spectator activity will be noticeable throughout the event hours.
- Local cafés, restaurants, and clubs will be fully operational across the event weekend, and we encourage residents and visitors to support these venues and enjoy the vibrant atmosphere along the course.
- If access is required during closures, please present yourself to Queensland Police Service officers or Traffic Controllers positioned throughout the area. They will assist in facilitating an escort when safe to do so. Alternatively, please call the Community Hotline on **0459 157 292**.

Temporary Road Closures – Saturday

| Suburb | Street | Closed From | Reopens |
|------------------|--|-------------|---------|
| Surfers Paradise | Esplanade (Ferny Ave → View Ave) | 4:30am | 4:30pm |
| | Esplanade (View Ave → Laycock St) | 4:30am | 6:00pm |
| | Esplanade (Laycock St → Clifford St) | 12:30pm | 6:00pm |
| | Northcliffe Tce (Clifford St → Garfield Tce) | 12:30pm | 6:00pm |
| | Garfield Tce (Northcliffe Tce → Fern St) | 12:30pm | 6:00pm |
| | Fern St (Garfield Tce → Old Burleigh Rd) | 12:30pm | 6:00pm |

Temporary Road Closures – Sunday

| Suburb | Street | Closed From | Reopens |
|------------------|-----------------------------------|-------------|---------|
| Surfers Paradise | Esplanade (Ferny Ave → View Ave) | 4:30am | 4:30pm |
| | Esplanade (View Ave → Laycock St) | 4:30am | 4:30pm |

MAIN BEACH | SEAWORLD DRIVE

Travel Tips

- Use Ferny Ave (Gold Coast Highway) for north–south vehicle travel.
- Accommodation providers should advise guests and delivery services of restricted access.
- Consider parking on western roads before closure are implemented if vehicle access is required during race periods.
- Expect delays around beachfront streets during peak race times.

Planning Ahead

- Move vehicles early if you require access during the morning.
- Notify visitors, tenants, and staff of closures.
- Allow additional travel time and follow traffic controller instructions.

Surfers Paradise is the epicentre of Saturday afternoon’s professional women’s race and the finish line for all event categories, so we encourage residents and businesses to come out, cheer loudly, and support the world’s best female triathletes as they battle for podium positions, along with thousands of other athletes completing this challenging and inspiring course.

Contact

Community@emqevents.com.au
Community Hotline: 0459 157 292

We recognise that road closures of this scale can be challenging, and we genuinely appreciate the patience and cooperation of residents and businesses as we work to deliver this event safely. Our Local Community Team is here to help throughout the lead-up and during race weekend. If you have questions, concerns, or need support with planning around the closures, please reach out.

SOUTHPORT

Key Information for Residents & Businesses

- The Broadwater Parklands and Marine Parade will be highly active areas throughout the event weekend.
- Expect traffic management crews, event vehicles, and pedestrian movements from early morning.
- Road closures will be in place at 4:30am, with limited controlled access permitted before the first athletes arrive.
- Vehicle access along Marine Parade will be heavily restricted once racing is underway.
- Noise and event-related activity will be noticeable during peak race periods.
- If access is required during closures, please present yourself to Queensland Police Service officers or Traffic Controllers positioned throughout the area. They will assist in facilitating an escort when safe to do so. Alternatively, please call the Community Hotline on **0459 157 292**.

Temporary Road Closures – Saturday

| Suburb | Street | Closed From | Reopens |
|-----------|---|-------------|---------|
| Southport | Marine Pde (Frank St → Nind St) | 4:30am | 10:30am |
| | Marine Pde (Nind St → Ada Bell Way) | 4:30am | 4:30pm |
| | Gold Coast Highway – Sundale Bridge restricted lanes (Ada Bell Way → Waterways Drive) | 12:30pm | 4:30pm |

Temporary Road Closures – Sunday

| Suburb | Street | Closed From | Reopens |
|-----------|---|-------------|---------|
| Southport | Marine Pde (Frank St → Nind St) | 4:30am | 1:00pm |
| | Marine Pde (Nind St → Ada Bell Way) | 4:30am | 1:00pm |
| | Gold Coast Highway – Sundale Bridge (Ada Bell Way → Waterways Dr) | 4:30am | 6:30am |

Travel Tips

- Use Scarborough Street, High Street, Smith Street, or the Gold Coast Highway for north-south travel.
- Sundale Bridge will have restricted lanes on Saturday afternoon, and delays will be expected.
- Sundale Bridge will have restricted lanes between 4:30am and 5:45am on Sunday morning.
- Sundale Bridge will have a full closure between 5:45am and 6:30am on Sunday morning.
- Avoid Marine Parade where possible, particularly during race times.
- Advise customers, staff, or guests of expected traffic delays.
- Plan alternate parking arrangements outside of closure zones.

Planning Ahead

- Move vehicles early to prevent being blocked by closures.
- Plan additional travel time for any movements during event hours.
- Inform tenants, guests, or staff ahead of time to minimise inconvenience.

Contact

Community@emqevents.com.au
Community Hotline: 0459 157 292

We recognise that road closures of this scale can be challenging, and we genuinely appreciate the patience and cooperation of residents and businesses as we work to deliver this event safely. Our Local Community Team is here to help throughout the lead-up and during race weekend. If you have questions, concerns, or need support with planning around the closures, please reach out.

BIGGERA WATERS | LABRADOR

Key Information for Residents & Businesses

- Marine Parade is a major section of the cycling course across both event days.
- Expect early morning activity including traffic control crews and road closure installations.
- Road closures will be in place at 4:30am, with controlled access available before the first athletes arrive.
- Foreshore access will be restricted while racing is underway.
- Noise levels may increase due to spectators and event operations.

Temporary Road Closures – Saturday

| Suburb | Street | Closed From | Reopens |
|----------------|--|-------------|---------|
| Biggera Waters | Marine Pde (Burrows St → Brisbane Rd) | 4:30am | 10:30am |
| Labrador | Brisbane Rd (Eastbound traffic Turpin Rd → Marine Pde) | 4:30am | 10:30am |
| | Marine Pde (Brisbane Rd → Broad St) | 4:30am | 10:30am |
| | Marine Pde (Broad St → Frank St) | 4:30am | 10:30am |

Temporary Road Closures – Sunday

| Suburb | Street | Closed From | Reopens |
|----------------|--|-------------|---------|
| Biggera Waters | Marine Pde (Ocean St → Brisbane Rd) | 4:30am | 1:00pm |
| Labrador | Brisbane Rd (Eastbound traffic Turpin Rd → Marine Pde) | 4:30am | 1:00pm |
| | Marine Pde (Brisbane Rd → Broad St) | 4:30am | 1:00pm |
| | Marine Pde (Broad St → Frank St) | 4:30am | 1:00pm |

Travel Tips

- A slip lane has been introduced in Marine Parade Labrador to allow for northbound traffic at all times over the weekend
- Use the Gold Coast Highway for through-travel during road closures.
- Avoid Marine Parade during peak race periods where possible.
- Consider parking west of the foreshore the night before event days.
- Inform customers, deliveries, and staff of restricted access times.
- If access is required in Biggera Waters during closures, please present yourself to Queensland Police Service officers or Traffic Controllers positioned throughout the area. They will assist in facilitating an escort when safe to do so. Alternatively, please call the Community Hotline on **0459 157 292**.

Planning Ahead

- Park vehicles outside of closure zone if travel is required during the event.
- Allow extra travel time due to diversions and slow-moving traffic.
- Review detour maps in advance to plan your movements.

Contact

Community@emqevents.com.au
Community Hotline: 0459 157 292

We recognise that road closures of this scale can be challenging, and we genuinely appreciate the patience and cooperation of residents and businesses as we work to deliver this event safely. Our Local Community Team is here to help throughout the lead-up and during race weekend. If you have questions, concerns, or need support with planning around the closures, please reach out.

MAIN BEACH | SEAWORLD DRIVE

Key Information for Residents & Businesses

- Expect heavy race activity along Waterways Drive, MacArthur Parade and Main Beach Parade with restricted vehicle access.
- Road closures begin from 4:30am, with controlled access prior to athlete arrival.
- Access to Seaworld Dr and The Spit will be via Stafford Avenue for the duration of the road closures.
- Seaworld Drive will be **closed** on Sunday from 5:45am until 8:00am. From approximately 7:30am on Sunday vehicles will be able to travel northbound on Seaworld Drive.
- On Saturday, from Woodroffe Avenue south on Main Beach Parade there will be a break in closures between 11:30am and 12:30pm.
- On Saturday, there will be a break in closures at Stafford Avenue and the Seaworld Drive intersections between 10:30am and 12:30pm.
- Event noise and spectator activity will be noticeable throughout the day.
- If access is required during closures, please present yourself to Queensland Police Service officers or Traffic Controllers positioned throughout the area. They will assist in facilitating an escort when safe to do so. Alternatively, please call the Community Hotline on **0459 157 292**.
- Restaurants and Clubs on the course will be fully operational over the event weekend and we encourage locals and visitors to support these venues

Temporary Road Closures – Saturday

| Suburb | Street | Closed From | Reopens |
|------------|--|-------------|---------|
| Southport | Gold Coast Highway – Sundale Bridge restricted lanes (Ada Bell Way → Waterways Dr) | 12:30pm | 4:30pm |
| Main Beach | Waterways Dr (Gold Coast Highway → MacArthur Pde) | 4:30am | 4:30pm |
| | Main Beach Pde (Waterways Dr → MacArthur Pde) | 4:30am | 10:30am |
| | MacArthur Pde (Waterways Dr → Main Beach Pde) | 4:30am | 4:30pm |
| | Main Beach Pde (MacArthur Pde → Ferny Ave) | 4:30am | 4:30pm |

Temporary Road Closures – Sunday

| Suburb | Street | Closed From | Reopens |
|------------|---|-------------|---------|
| Southport | Gold Coast Highway – Sundale Bridge (Ada Bell Way → Waterways Dr) | 4:30am | 6:30am |
| Main Beach | Waterways Dr (Gold Coast Highway → MacArthur Pde) | 4:30am | 1:00pm |
| | Seaworld Drive | 4:30am | 8:00am |
| | MacArthur Pde (Waterways Dr → Main Beach Pde) | 4:30am | 4:30pm |
| | Main Beach Pde (MacArthur Pde → Ferny Ave) | 4:30am | 4:30pm |

MAIN BEACH | SEAWORLD DRIVE

Travel Tips

- Use Stafford Avenue for controlled access to Seaworld Dr during permitted windows.
- Sundale Bridge will have restricted lanes on Saturday afternoon, and delays will be expected.
- Sundale Bridge will have restricted lanes between 4:30am and 5:45am on Sunday morning.
- Sundale Bridge will have a full closure between 5:45am and 6:30am on Sunday morning.
- Inform holidaymakers or resort guests of limited road access.
- Plan movements around anticipated race peaks.

Planning Ahead

- Move vehicles before closures take effect.
- Notify guests, tenants, or staff of access changes.
- Allow extra time for any travel through Main Beach during the event.

Contact

Community@emqevents.com.au

Community Hotline: 0459 157 292

We recognise that road closures of this scale can be challenging, and we genuinely appreciate the patience and cooperation of residents and businesses as we work to deliver this event safely. Our Local Community Team is here to help throughout the lead-up and during race weekend. If you have questions, concerns, or need support with planning around the closures, please reach out.

PARADISE POINT | HOLLYWELL | RUNAWAY BAY

Key Information for Residents & Businesses

- Paradise Point, Hollywell, and Runaway Bay form a major section of the T100 cycling course.
- Expect increased traffic management, barricade installation, and event vehicles from early morning.
- Road closures will be in place at 4:30am, with limited controlled access permitted before the first athletes arrive.
- Once racing begins, access across Bayview Street will be highly restricted until approximately 1:00pm.
- Noise and event-related activity may be noticeable throughout the morning.

Temporary Road Closures – Sunday

| Suburb | Street | Closed From | Reopens |
|----------------|-------------------------------------|-------------|---------|
| Paradise Point | Bayview St (Milton Ave → Errol Ave) | 4:30am | 1:00pm |
| Hollywell | Bayview St (Errol Ave → Holly Ave) | 4:30am | 1:00pm |
| Runaway Bay | Bayview St (Holly Ave → Lae Dr) | 4:30am | 1:00pm |

Travel Tips

- Runaway Bay Shopping Centre is best accessed via Morala Avenue on Sunday morning
- Runaway Bay Marina and Hollywell marine businesses can be accessed, when safely, via QPS crossings at Poinsettia Drive and Columbus Drive.
- Use Morala Avenue where possible to avoid Bayview Street delays.
- Consider parking west of Bayview Street the night before if you require morning vehicle access.
- Expect delays at intersections controlled by police during race periods.
- Advise visitors or staff of limited crossing opportunities.

Planning Ahead

- Move vehicles early if you require travel during the morning.
- Notify household members, visitors, or carers of changed access conditions.
- Allow additional travel time and follow all instructions from police and traffic controllers.

Contact

Community@emgevents.com.au

Community Hotline: 0459 157 292

We recognise that road closures of this scale can be challenging, and we genuinely appreciate the patience and cooperation of residents and businesses as we work to deliver this event safely. Our Local Community Team is here to help throughout the lead-up and during race weekend. If you have questions, concerns, or need support with planning around the closures, please reach out.

T100 TRIATHLON - MARCH 21 + 22 2026

MAIN BEACH & SURFERS PARADISE ACCESS SUMMARY

| BUILDING | STREET | ACCESS | RESTRICTIONS |
|--------------------------|----------------------------------|---------------------------|--|
| 116 Esplanade | Esplanade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Admiral North | MacArthur Pde | Restricted | Saturday: Roads closed 4:30am–4:30pm. 1:00pm–4:00pm: NO ACCESS. Sunday: Roads closed 5:00am–1:00pm. Outside these times, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Amani | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Amira | Cnr Main Beach Parade + Cable St | YES - driveway on Cable | |
| Beachside Tower | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Bougainvillea Apartments | Main Beach Parade | YES - driveway on Pacific | |
| Breakfree Beachpoint | Esplanade | Yes - access via Staghorn | |

| | | | |
|---------------------------|--------------------------|-----------------------------------|---|
| Breakfree Imperial | Esplanade | Restricted | Esplanade – View Ave to Ocean Ave: Roads closed Saturday 4:30am–4:30pm and Sunday 5:00am–4:00pm. Saturday 1:00pm–4:00pm: NO ACCESS. At all other times, controlled access may be facilitated WHEN SAFE by QPS or Traffic Controllers, or by contacting the Community Hotline. |
| Carrington Court | Main Beach Parade | YES - Access via Pacific St | |
| DE Ville | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Dune | Main Beach Parade | Restricted | |
| Equinox | Main Beach Parade | YES - Driveway access on Ferny | |
| FOCUS | Esplanade | YES - Driveway access on Staghorn | |
| Golden Sands | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Grosvenor | Esplanade | Restricted | Esplanade (Soul Roundabout to View Ave): There will be a contra-flow arrangement in place. Roads closed Saturday 4:30am–4:30pm and Sunday 5:00am–4:00pm. Saturday 1:00pm–4:00pm: NO ACCESS. At all other times, Traffic Controllers will facilitate access WHEN SAFE using Elkhorn Ave for ingress and View Ave for egress. |
| Hi-Surf | Esplanade | YES - Access via SP BLVD | |
| Kapalua | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |

| | | | |
|---------------------------------|---------------------------------------|---|---|
| Madison Point | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Main Beach Tourist Park | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. Best access point is John Kemp Dr |
| Mariner Court Apartments | Main Beach Parade | Restricted | Saturday: Roads closed 4:30am–11.15am. Controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Meriton | Esplanade | YES - Car Park on SP Blvd | |
| Monaco | MacArthur Pde | Restricted | Access available via Stafford Avenue at all times. Delays may be expected |
| Monaco Surfers Paradise | Esplanade | YES - Use back gate to enter and exit on to SP Blvd | |
| Mustique | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Narrowneck Court | Ferny Ave | YES - Driveway access on Ferny | |
| Newport on Main | Main Beach Parade | Restricted | Saturday: Roads closed 4:30am–4:30pm. 1:00pm–4:00pm: NO ACCESS. Sunday: Roads closed 5:00am–1:00pm. Outside these times, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Norfolk Apartments | Main Beach Parade + Breaker St | Yes - Driveway access on Breaker | |

| | | | |
|----------------------------|--|--|--|
| Ocean Isles | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Ocean Park Towers | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Ocean Resort | Main Beach Parade + Breaker St (East) | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| One The Esplanade | Esplanade | Restricted | Saturday - closures begin from 12.30pm. Controlled access until 3pm, then NO ACCESS 3.30pm - 6pm. Sunday - no closures - access via Laycock St. |
| Pacific Plaza | Esplanade | Yes - Driveway Access on Ocean | |
| Pacific Views | Main Beach Parade | YES - access via Woodroffe | |
| Pintari | Cunningham Ave | Restricted | Access available via Stafford Avenue at all times. Delays may be expected |
| Rhapsody Resort | SP Blvd | YES - turn right to SP BLVD | |
| Royal Surfrider | Main Beach Parade | Restricted | Saturday: Roads closed 4:30am–4:30pm. 1:00pm–4:00pm: NO ACCESS. Sunday: Roads closed 5:00am–1:00pm. Outside these times, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Sea Main Beach | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Seacrest Apartments | Higman St | YES - turn right out of Higman on to SP Blvd | |

| | | | |
|-------------------------------|--------------------------------|--|---|
| Silverpoint | Main Beach Parade | YES - Driveway in Pacific St | |
| SOUL Peppers Surfers Paradise | Esplanade | Restricted | Esplanade (Soul Roundabout to View Ave): There will be a contra-flow arrangement in place. Roads closed Saturday 4:30am–4:30pm and Sunday 5:00am–4:00pm. Saturday 1:00pm–4:00pm: NO ACCESS. At all other times, Traffic Controllers will facilitate access WHEN SAFE using Elkhorn Ave for ingress and View Ave for egress. |
| Spinnaker | Main Beach Parade | YES - access via Woodroffe | |
| Sun Tower | Esplanade | Restricted | Esplanade – View Ave to Ocean Ave: Roads closed Saturday 4:30am–4:30pm and Sunday 5:00am–4:00pm. Saturday 1:00pm–4:00pm: NO ACCESS. At all other times, controlled access may be facilitated WHEN SAFE by QPS or Traffic Controllers, or by contacting the Community Hotline. |
| Sunbird Beach Resort | Breaker St + Main Beach Parade | YES - Driveway in Pacific St | |
| Surfers Boulevard | Higman St | YES - turn right out of Higman on to SP Blvd | |
| SURFERS PARADISE | Garfield Terrace | Restricted | Saturday only: For buildings with driveways on this street, roads will begin to close from 12:30pm. Controlled access may be available WHEN SAFE until 3:00pm via Traffic Controller, QPS, or Community Hotline. Strictly NO ACCESS from 3:30pm–5:30pm. Roads reopen approximately 6:00pm. |
| SURFERS PARADISE | Northcliffe Terrace | Restricted | Saturday only: For buildings with driveways on this street, roads will begin to close from 12:30pm. Controlled access may be available WHEN SAFE until 3:00pm via Traffic Controller, QPS, or Community Hotline. Strictly NO ACCESS from 3:30pm–5:30pm. Roads reopen approximately 6:00pm. |
| The Sands | Esplanade | Yes - Driveway access on ORCHID AVE | |

| | | | |
|--------------------------|--------------------------|-----------------------------|---|
| The Shore | Esplanade | Restricted | Esplanade – View Ave to Ocean Ave: Roads closed Saturday 4:30am–4:30pm and Sunday 5:00am–4:00pm. Saturday 1:00pm–4:00pm: NO ACCESS. At all other times, controlled access may be facilitated WHEN SAFE by QPS or Traffic Controllers, or by contacting the Community Hotline. |
| Waterford on Main | Main Beach Parade | Restricted | Saturday & Sunday: Roads closed 4:30am–4:30pm. Saturday only (1:00pm–4:00pm): NO ACCESS. Outside this time, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Xanadu | Main Beach Parade | YES - Access via Pacific St | |
| Yachting Towers | MacArthur Pde | Restricted | Saturday: Roads closed 4:30am–4:30pm. 1:00pm–4:00pm: NO ACCESS. Sunday: Roads closed 5:00am–1:00pm. Outside these times, controlled access may be available WHEN SAFE via Traffic Controller, QPS, or Community Hotline. |
| Zenith | Esplanade | Restricted | Esplanade (Soul Roundabout to View Ave): There will be a contra-flow arrangement in place. Roads closed Saturday 4:30am–4:30pm and Sunday 5:00am–4:00pm. Saturday 1:00pm–4:00pm: NO ACCESS. At all other times, Traffic Controllers will facilitate access WHEN SAFE using Elkhorn Ave for ingress and View Ave for egress. |

T100 Triathlon Gold Coast – Resident FAQs

Event Dates: Saturday 21 & Sunday 22 March 2026

Which areas are affected by road closures?

Temporary road closures and changed access conditions will be in place to safely deliver the T100 Triathlon across the following areas:

Affected on Saturday & Sunday

- Surfers Paradise
- Main Beach
- Southport
- Labrador
- Biggera Waters

Affected on Sunday ONLY

- Runaway Bay
 - Hollywell
 - Paradise Point
-

Is Seaworld Drive accessible during the event?

Yes. Seaworld Drive and The Spit remain open and accessible throughout the event weekend, subject to temporary traffic controls.

When surrounding road closures are in place, access to Seaworld Drive and The Spit will be via Stafford Road, under the direction of QPS and Traffic Controllers. Vehicles should exit the Gold Coast Highway at Tedder Avenue to enter Stafford Road.

Is Australia Fair Shopping Centre still open?

Yes. Australia Fair Shopping Centre is open throughout the event weekend.

Please refer to the Australia Fair website for individual store trading hours.

I need to get to the airport on Sunday morning — how do I get out?

Residents travelling to the airport on Sunday morning are encouraged to:

- Plan ahead and allow extra travel time
- Review the summary of closures from the [website](#)
- Follow directions from **Traffic Controllers and QPS**
- Use approved access routes where applicable

If your vehicle cannot access a side street that allows ready movement, assistance may be required (see below).

If my vehicle is on a closed street, how do I get access?

If your vehicle cannot be moved to a nearby side street that allows ready access, you will need to:

- Approach a **Traffic Controller**, or
- Seek assistance from **Queensland Police Service (QPS)**, or
- Call the **Community Hotline**

Where possible, an escort may be facilitated WHEN SAFE.

Will vehicle escorts always be available?

No. Escorts cannot be guaranteed at all times.

In Labrador, Biggera Waters, Runaway Bay, Hollywell and Paradise Point, the course forms part of the bike leg, which means:

- Escorts may not always be possible
- Vehicles may need to wait until racing has passed
- Access depends on real-time safety and race conditions

Residents are encouraged to plan movements outside peak race times where possible.

Roads are listed as closed from 4:30am — does that mean access stops at that time?

No. A listed road closure time does not automatically mean access stops immediately.

Where possible:

- Controlled access may continue after the closure time, until competitors reach that specific section of the course

- The race sequence is swim first, followed by the bike leg, then the run leg finishing in Surfers Paradise
- Access reduces progressively as each race leg becomes active

Residents must always follow directions from **Traffic Controllers and QPS**.

Is there a time when no access is possible?

Yes. Some locations experience **short periods of full closure**.

For example:

- **Saturday 1:00pm–4:00pm (Main Beach + Surfers Paradise):**
Roads from **Soul Roundabout through to MacArthur Parade** will be fully closed due to the Professional Women's Race, and no general access can be facilitated during this period.
- **Saturday 3:15pm–5:45pm (Surfers Paradise):**
Roads from **Trickett St – Fern St** will be fully closed due to the Professional Women's Race, and no general access can be facilitated during this period.

Property-specific closure times are outlined in local access summaries and signage.

What happens in an emergency?

Emergency access will always be maintained.

If emergency services are required, residents should **call 000 as usual**. Emergency vehicles will be facilitated through the course by **QPS and event operations**.

Can I leave my car parked on the street when roads are closed?

Residents are strongly advised to carefully review all street parking signage before parking from Friday evening through until Sunday afternoon.

No vehicles can be parked on Marine Parade between Frank Street and Broad Street for the duration of the event. This section must remain clear to allow a temporary slip lane, which enables resident vehicle access at all times during the event.

Temporary changed parking condition signs will be installed from Monday 16 March. These signs will clearly indicate:

- Where parking restrictions apply, and
- Which locations are designated tow-away zones

Vehicles parked in restricted areas during the event may be towed, which may result in towing and infringement costs.

Residents are encouraged to plan parking arrangements in advance and consider alternative locations to avoid unnecessary towing and fines.

Can visitors, deliveries or trades access properties during the event?

Visitors, deliveries and trades are subject to the same access conditions as residents and may be delayed or unavailable, particularly during active race periods. Residents are encouraged to reschedule deliveries where possible.

Will pedestrian access still be available?

Yes. Pedestrian access will generally be maintained, although temporary restrictions may apply at certain times for safety. Pedestrians must follow all signage and directions from event staff.

Where can I get help or more information?

- **Community Hotline:** 0459 157 292
 - **Traffic Controllers or QPS on site**
 - [Event website](#) and community letters distributed to your area
-

How can residents best prepare?

- Plan movements in advance
- Allow extra travel time
- Move vehicles early if travel is required
- Check parking signage carefully
- Follow all directions from Traffic Controllers and QPS
- Contact the Community Hotline if unsure